



What is covered?

This unit describes the performance outcomes, skills and knowledge required to provide relaxation treatments using reflexology techniques. It requires the ability to consult with clients, select products and techniques, and provide manual reflexology relaxation according to client needs and agreed treatment plan. Reflexology can be an individual treatment, or form part of a series of treatments. This unit applies to beauty and spa therapists who work in beauty salons, massage clinics and spas. In this environment they work in a team but make independent treatment decisions. They have knowledge of reflexology relaxation techniques. The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice. No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Prerequisites:

- SHBBSSC001 Incorporate knowledge of skin structure and functions into beauty therapy
- SHBBSSC002 Incorporate knowledge of body structures and functions into beauty therapy
- SHBXCCS006 Promote healthy nutritional options in a beauty therapy context

Duration

6 Weeks (one day per week)

Provided by the RTO

To support your studies, we will provide:

- An online interactive digital platform with all the learning resources.
- Issuance of certification documentation upon successful completion.
- Ongoing support and help (please check on our website for specificity).
- Research database to conduct research for assignments.

Any new information for the student

For more information, please read through the student handbook. Students must be aged 18 or older.

Location

3/31 Fortune Street Narrogin WA 6312

Course Fee

\$2000

(No additional fees. Please refer to our refund policy found in your enrolment form for further details).

Additional Resources

Students need to purchase a uniform. (\$69.50)
Internet and a computer are required for this course.
Students will need to purchase the required textbooks.
Students can purchase optional kits including:

- Massage Kit (\$550)

The kit's will be beneficial for at-home practice.

Mode of Assessment

The delivery of the course will be blended learning. The theory will be delivered online. You will have a designated lecturer assigned to assist you. The practical components will be delivered on campus. The on-campus training will be announced closer to the time. The 5 practical hours are to be completed in the student clinic. Please contact your lecturer to find a regular time for you to come in for your clinic hours. The hours are dependant on the clinic opening hours. The hours can only be completed once you have passed the unit of competency for that unit.





Course Description

This course includes a combination of self-study and a classroom using a simulated environment.

Overview

This course covers the following

SHBBBOS010	Use reflexology relaxation techniques in beauty treatments
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Knowledge Evidence/ Performance Evidence

Use the unit / qualification as a guide.

Recognition of Prior Learning

All individual students are offered the opportunity to apply for RPL, please see the Student Handbook or enquire at the RTO for the procedure on how to apply.

Selection Criteria

Our course requires that you:

- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR (Minimum C Grades) or equivalent
- An LLN quiz will need to be completed prior to enrolling.