



What is Lymphatic Drainage Massage?

This massage style is focused on improving lymphatic flow. Lymphatic drainage massage is a very gentle and light technique that helps to improve lymphatic flow and aid toxin removal. This style of massage is excellent for client's who are wanting to detoxify, have pain, swelling or low immunity. This style of massage can also be performed post-operatively under medical supervision. It is also excellent before a special occasion or after a holiday. Lymphatic drainage massage has a very specific sequence and specialised techniques to help move lymph.

Pre-requisites:

- SHBBSSC001 Incorporate knowledge of skin structure and functions into beauty therapy
- SHBBSSC002 Incorporate knowledge of body structures and functions into beauty therapy
- SHBXCCS006 Promote healthy nutritional options in a beauty therapy context

*If you are in the industry already you may apply for RPL

Duration

6 Weeks (one day per week)

Provided by the RTO

To support your studies, we will provide:

- An online interactive digital platform with all the learning resources.
- Issuance of certification documentation upon successful completion.
- Ongoing support and help (please check on our website for specificity).
- Research database to conduct research for assignments.

Any new information for the student

For more information, please read through the student handbook. Students must be aged 18 or older.

Course Fee

\$2000

(No additional fees. Please refer to our refund policy found in your enrolment form for further details).

Additional Resources

Students need to purchase a uniform. (\$69.50) Internet and a computer are required for this course.

Students will need to purchase the required textbooks.

Students can purchase optional kits including:

- Massage Kit (\$550)

The kit's will be beneficial for at-home practice.

Mode of Assessment

The delivery of the course will be blended learning. The theory will be delivered online. You will have a designated lecturer assigned to assist you. The practical components will be delivered on campus. The on-campus training will be announced closer to the time. The 5 practical hours are to be completed in the student clinic. The hours can only be completed once you have passed the unit of competency for that unit.



Course Description

This course includes a combination of self-study and a classroom using a simulated environment.

Overview

This course covers the following

SHBBBOS011	Provide superficial lymphatic drainage massage treatments
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Knowledge Evidence/ Performance Evidence

Use the unit / qualification as a guide.

Recognition of Prior Learning

All individual students are offered the opportunity to apply for RPL, please see the Student Handbook or enquire at the RTO for the procedure on how to apply.

Selection Criteria

Our course requires that you:

- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR (Minimum C Grades) or equivalent
- An LLN quiz will need to be completed prior to enrolling.